

# Thursday 18 January 2024 Training Hub Headlines

BNSSG

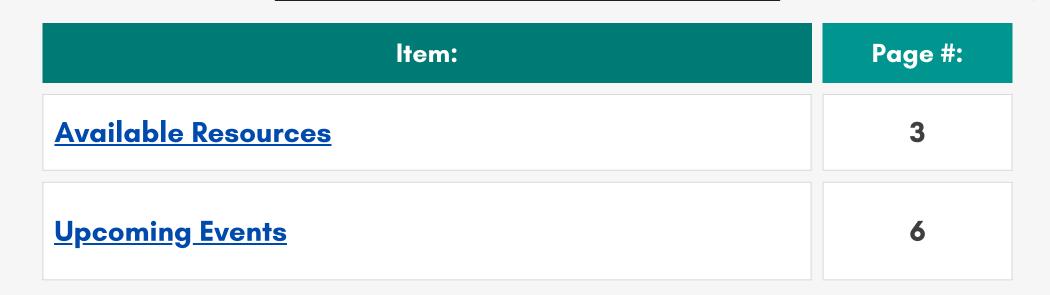
Training Hub

This monthly **newsletter** features signposts to **30** available resources and upcoming events. Please do **share** with **colleagues**!

Scheduled date for **next release: Thursday 15 February**, 2024

= new details added 24.01.24

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#### Available Resources #1

ltem:	Audience:	Page #:
<u>The Training Hub's</u> Teams Profession Forums	For <b>Primary Care Staff</b>	10
<u>First Contact Practice (FCP) Update</u>	For FCPs and Practice Management Staff	11 - 1 <b>2</b>
<u>Continuing Professional</u> <u>Development (CPD</u> )	For all <b>Allied Healthcare</b> <b>Professionals &amp; Support</b> <b>Workers</b>	13
NHS People Professional       +         Development Offers 2024	For all <b>People Professionals</b> & <b>Workforce Planning</b> <b>Practitioners</b>	14 - 15
<u>Introduction to System Working in</u> <u>Practice</u>	For all <b>Healthcare</b> <b>Professionals</b>	16

#### **Available Resources #2**

ltem:	Audience:	Page #:
BNSSG Health Inequality GP Fellowships	For all <b>GPs</b>	17
BNSSG Advanced Practice Trainee Fellows (Updated information)	For <b>APs</b>	18
New Government Call for Evidence for Separate Pay Spine for Nurses	For all <b>Staff</b>	19
BNSSG NHSE Accredited MSc in Advanced Practice Funding (Updated information)	For <b>Primary Care Roles</b>	20
NHS Pension Newsletter	For all <b>Staff</b>	21

#### **Available Resources #3**

ltem:	Audience:	Page #:
<u>Oliver McGowan</u> <u>Mandatory Training</u>	For <b>Pharmacy</b> and <b>Practice</b> Management Staff	22
BNSSG Paeds Pod	For <b>Primary Care</b> <b>Paediatrics Staff</b>	23
<u>Six-Step Health &amp; Well-being Toolkit</u>	For <b>Primary Care Staff</b>	24
<u>University of Bath MPharm</u> <u>Undergraduate Placements 2023 - 24</u>	For <b>Pharmacy</b> and <b>Practice</b> <b>Management Staff</b>	25
<b>BNSSG Primary Care Good News</b>	For <b>Primary Care Staff</b>	26

Item:	Audience:	Page #:
<u>Featured:</u> <u>BNSSG Essential Care Navigation</u> <u>Skills</u>	For <b>Receptionists &amp; Care</b> Navigators	27
BNSSG Enhanced Care Navigation Skills	For <b>Receptionists &amp; Care</b> Navigators	28
Advanced Clinical Pharmacy Practice	For <b>Pharmacists</b>	29
<u>Paediatrics in Primary Care: Mental</u> <u>Health &amp; Neurodiversity</u>	For <b>Primary Care Clinicians</b>	30

ltem:	Audience:	Page #:
<u>GPN National Update: Monthly</u>	For <b>all Nurses in General</b> <b>Practice</b>	31
BNSSG Late-Career GP Peer Support Group	For <b>late-career GPs (i.e. Last 5)</b>	32
Online Dermoscopy Education Spring 2024	For <b>Primary Care Clincians</b>	33
<u>'Paediatric Allergy' CYP EduForum</u>	For <b>Primary Care Clincians</b>	34
<u>Personalised Care and Coaching</u>	For <b>Healthcare Professionals</b> & <b>Non-CLinical Staff</b>	35

ltem:	Audience:	Page #:
Primary Care Webinar: Cancer Screening for People with Learning Disabilities	For <b>Healthcare Professional</b> & <b>Non-Clinical Staff</b>	36
BNSSG Respiratory Interest Group	For <b>Primary Care Clincians</b>	37
The Secret to Surviving at Work	For <b>Primary Care Roles</b>	38
<u>'I wish I Knew'</u>	For all <b>IMG GPs, newly</b> qualified GPs, GPs, GP Trainees	39





Item:	Audience:	Page #:
<u>Primary Care Coming Together</u> <u>as a Team Conference</u>	For <b>Healthcare Professionals</b>	40
<u>Paediatrics in Primary Care: Paediatric</u> <u>Gastroenterology Event</u>	For <b>Primary Care Clincians</b>	41





### The Training Hub's Teams Profession Forums

For Primary Care Staff

Want to keep in touch with other members of your profession group from across BNSSG?

Don't want to miss any updates on training and support available to you and your colleagues?

Why not join one (or more) of our Teams Profession Forums?

Click the **buttons below** to **request access** to the **forums** you're interested in If you have any questions or concerns, please contact <u>bnssg.training.hub@nhs.net</u>

Advanced Pract	ice <u>Car</u>	<u>e Co-ordinators</u>	Die	<u>etitians</u>	<b>General Practice Nursing</b>
<b>GP Simulation</b>	Health a	<u>&amp; Wellbeing Coach</u>	<u>es</u>	<u>Mental</u>	<u>Health Practitioners (MHPs)</u>
MSK FCPs Par	amedics	dics Pharmacy Professionals Physician Associates (PAs)			
Social Prescribing Link Workers (SPLWs)					

# **First Contact Practice (FCP)** Update

For FCPs and Practice Management staff

Haping

**News** | **NHSE** confirm **new arrangements** re. how **FCPs** should demonstrate that they **meet** the **requirements** of the **FCP Roadmap** 

NHS England (NHSE) have agreed several changes to the arrangements by which **First Contact Practitioners** (**FCPs**) should demonstrate that they meet **FCP Roadmap** requirements. Not all are listed here - for the **full update**, please click **Read More** on p. **10** - but below is the majority of the update to give an idea of changes moving forward.

(**Please note:** a regional statement from **Lily Dixon** (**FCP Education Lead**, South West Primary Care Academy) will be released in due course, outlining what this means for the south west specifically.)

Significantly, NHSE confirm that additional formal recognition is no longer required in addition to evidence compiled by learners to complete the FCP Roadmap. Successful completion of the relevant FCP Roadmap is instead demonstrated through:

- A completed Roadmap to Practice checklist the template for this can be found in section 9.4 of the appropriate Roadmap. It will be signed and dated by the FCP and their supervisor when each component of Stages 1 & 2 are completed.
- Certificates of completed Stage 1 e-Learning modules.

#### This item **continues overleaf**, on p. **10**

• Evidence of Stages 1 & 2 completion - for more information on this, please click **Read More** below.

OR

• The FCP may have completed a course provided by a university, whereby both Stages 1 & 2 were successfully completed - if so, then evidence of successful completion of both Stages 1 & 2, and your portfolio, as described above, will suffice.

**FCP digital badges** will also **not be required**. When practitioners work in a FCP role, they will have already shared the documentation referred to above with their employer. As a **registrant**, they should **continue** to **update** their **portfolio** as required and will have all the evidence that an employer may ask for in completing the appropriate **FCP Roadmap**.

If an individual doesn't have evidence of successful completion of the appropriate FCP Roadmap, as described above, then **further support** is available from several **Education Providers**.

In response to feedback, NHSE has commissioned several **Education Providers** to support with **appropriate training** where necessary, too. In this vein, they've identified other Education Providers to provide Stage 1 & 2 taught routes. The <u>FCP web pages</u> will contain details of relevant programmes, and individuals are encouraged to contact one of the providers directly.

For the **full update**, please click **Read More** below.

If you have any immediate questions or concerns, please contact Lily Dixon at lily.dixon2@nhs.net.



### Continuing Professional Development (CPD)

For all Allied Health Professionals & Support Workers

Provided by the NHS England workforce, training & education directorate for 2024

The **BNSSG Training Hub** has been reviewing the remaining **Continuing Professional Development (CPD**) allocation which needs to be utilised in the financial year **2023/2024**. We appreciate system pressures may be inhibiting individuals to access CPD however if this funding is not spent by the end of the financial year it will need to be returned to **NHS England (NHSE)** and will be lost.

This funding is allocated by NHS England for professional's personal development budget. It is calculated using the data that you have reported on the **National Workforce Reporting Service** (NWRS). The funding allocation is **£333.33** and we do not have access to funding beyond this amount. You may wish to apply for educational grants from other organisations if the cost of your course exceeds the allocation.

The funding can be used for any **accredited** or **non-accredited professional development**. This can include virtual & **face to face training**, **events**, **conferences**, **university** & other **Higher Education Institute (HEI) modules**. The education needs to be relevant to the role and in line with the needs of the **practice/PCN**. Please note you should not utilise CPD funding for statutory & mandatory training or backfill of staff.

### NHS People Professional Development Offers 2024

For all People Professionals & Workforce Planning Practitioners

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Contact jacky.dixon@leadershipacademy.nhs.uk for more information.

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#### Strategic Workforce Planning Accredited Programme

In collaboration with **CIPD**, more fully funded opportunities on the <u>Accredited Strategic Workforce Panning</u> <u>Programme</u>. This programme is aimed at people professionals, strategic workforce planning practitioners and all those colleagues with a responsibility for workforce planning, this includes colleagues in HR and L&D. Participants will gain build on their existing competence and practical experiences and learn how to apply strategic workforce planning approaches in their context. There are three cohorts for this programme and applications close at midday on **Friday 16 February**.

#### Introduction to Strategic Workforce Planning

We are offering a series of fully funded one-day workshops titled "An introduction to strategic workforce planning". These workshops will run between **February** and **April**. Participants will explore how to use workforce planning strategically to anticipate the current and future resource requirements your organisation needs to meet its objectives. Registration closes on **Thursday 15 February**.

### NHS People Professional Development Offers 2024

For all People Professionals & Workforce Planning Practitioners

5 2

#### Culture catalysts - a coaching and culture change programme for the NHS

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The **Culture Catalysts Coaching and Culture Change Programme** provides people professionals and line managers with the opportunity to develop practical tools and strategies. It enables them to create a positive team climate and a work-place culture that is purpose-driven, value-based and person-centred.

This is a fully funded programme, that consists of two separate one-day training interventions with opportunities to practice the knowledge in between. Spaces are limited and organisations must nominate both a line manager and people professional to undertake the training. Applications will close on **Friday 9 February**.

#### NHS people profession apprenticeships

The new information and resource pack for people profession apprenticeships has been released. This guide has been designed to support NHS organisations to use their apprenticeship levy to access people professional apprenticeships at levels 3, 5 and 7. The <u>NHS Long Term Workforce Plan</u> makes a commitment to increasing the number of apprenticeships and alternative routes into professional roles. More flexible training offers such as apprenticeships are needed to keep pace with innovation and changing expectations.

### **Register Interest**

### Introduction to System Working in Practice

For all Healthcare Professionals

#### Sessions available during **December 2023** - March 2024.

We are offering short learning set sessions on proven, easy-to-use methods and tools which will enable you and your delivery partners to understand your system better and to set up an effective collaboration for change.

This is a mini-course of **three workshops** of three hours each intended for leaders who provide **health** and **care support**. The learning set sessions will be "learning through doing"; you will apply the methods and tools to your work situation so you get immediate business value as well as learn how to use the method. The sessions will last from **3 hours** each and will be delivered by two highly experienced systems Practitioners **John Rogers** and **Simon MacCormac** via Microsoft Teams.

The sessions will help you to:

- Work with an experienced systems practitioner, where the people **learning** about their system can receive **coaching**, **guidance**, and **peer support**, and where the implications of and opportunities from their learning can be explored and discussed in a safe environment.
- Learn additional systems **methods/tools**.
- Participants supported to 'join up' their **learning** about their system and enrich it by looking at it from a range of **perspectives**

### BNSSG Health Inequality GP Fellowships

#### For **GPs**

#### Applications close on Friday 2nd February

The **BNSSG Training Hub** are delighted to announce **6 Training Hub Fellowships**. These **12-month fellowships**, starting between **February** and **April 2024** will provide an exciting opportunity for motivated **GPs** to develop their interest in health inequalities alongside their existing clinical role.

The fellows must be currently or newly employed as a **salaried GP** or **Partner** in a surgery serving a deprived population within **BNSSG**. They will be supported to deliver a population health improvement project with a focus on reducing health inequalities. The fellow will receive educational supervision from a named clinician at their 'Deep End' practice. The project will be mutually agreed by the fellow and their educational supervisor at the start of the fellowship. The fellow will also be supported to engage in research, if this is of interest to them.

The fellowship role will be remunerated at **£8500 per session** (£17,000 per 8 hour day for the 12 month post), plus 30% on costs. Applicants must be a qualified GP working in a substantive role in a GP practice in Bristol, North Somerset or South Gloucestershire. We welcome applications from primary care clinicians at any stage of their career but they must work in an area of deprivation. We particularly welcome applications from clinicians from diverse backgrounds.

### BNSSG Advanced Practice Trainee Fellows

#### For APs

#### Applications close on Monday 29th January

The **BNSSG Training Hub** are delighted to announce **2x Advanced Practice Trainee Fellow** roles for **BNSSG General Practice**. These 12 month roles will provide an exciting opportunity for motivated APs to to lead on a pilot project to scope, design and deliver guidance to support existing, trainee & new Advanced Practitioners and their employers in **BNSSG General Practice**. BNSSG has been a trailblazer in developing Advanced Practice (AP) in a General Practice environment. We are looking to enhance and develop formal plans and guidance for existing APs, NHSE Accredited AP Trainees and employers.

The aim is to create supporting documents and frameworks that can be adopted by practices. This will enable them to achieve the four pillars of Advanced Practice and the governance & standards set out in the NHS AP Governance matrix. Each role is for **8 hours** per week (flexible) over a 12 month fixed term (non-reoccurring) contract, paid at AfC Band 7 (entry point) plus 30% on costs (paid to practice). You must be currently employed as an Advanced Practitioner in BNSSG Primary Care and have at least 12 months AP experience in general practice. You will deliver this work via a Memorandum of Understanding (MOU) between the Training Hub and your current employing practice.

If you wish to apply, please send an Expression of Interest (EOI) letter along with your CV to: <u>kerri.magnus2@nhs.net</u> Interviews will be held week commencing **5th February** 2024 and the individuals will be expected to commence their role on **1st March** 2024.

### New Government Call for Evidence for Separate Pay Spine for Nurses

For all Staff

#### Let your voices be heard!

In May 2023, the government agreed a deal for the **AfC workforce** through the **NHS Staff Council**. During negotiations, concerns were raised about how the AfC pay structure is affecting the career progression and professional development of nurses, and the direct impact that this is having on recruitment and retention. The **Royal College of Nursing** (RCN) suggested that a separate pay spine for nursing staff could address these concerns.

The government published a press release to explore these specific concerns, to understand the **benefits** and **challenges** of a **separate nursing pay spine**, and to explore other potential approaches to addressing any issues identified. This exploration does not form part of the AfC deal that was agreed with the NHS Staff Council. This call for **evidence** is open to **everyone**. You can respond on behalf of an **organisation**, as an **individual member** of the **health and care workforce**, and as an **individual** that is **not a member** of the health and care workforce.

It is important we **engage** and **utilise** this opportunity to feedback, giving voice to the impact this could have on registered **Health Care Professions**, our collective workforce and individuals, regardless of various union perspectives yet to unfold.

### BNSSG NHSE Accredited MSc in Advanced Practice Funding

For Primary Care Roles

The deadline for applications is on **Monday 18 March**.

This is for funding to undertake or complete your **NHSE Accredited MSc** in **Advanced Practice**. This funding is available for staff directly employed by **PCN** and practices including Nurses, Paramedics, Clinical Pharmacists (must not already be undertaking a HEE-funded pathway, e.g. CPPE), Physiotherapists, Dieticians and Podiatrists.

If you wish to apply and for further information please click on the register interest button below or contact: <a href="mailto:kerri.magnus2@nhs.net">kerri.magnus2@nhs.net</a>

ster Interest

To express your interest, please <u>click here</u>.



#### "Have a lovely January from the NHS Pensions Team"

The **NHS Pensions Team** have released their latest Staff Newsletter. This copy features a range of personal development opportunities, training opportunities, upcoming events, and more.

Two of the training opportunities opportunities highlighted are:

#### **GP Practice Manager Training** | **21 March - 30 November**, 2024

The next Level 1 and Level 2 GP practice manager events include educational training tailored for practice managers, delivered virtually via Microsoft Teams. Practice managers need to attend the whole training session to receive a Continued Professional Development (CPD) accreditation.

#### Administration Foundation Course | 5 March, 2024

This course is available to all new local administrators of the NHS Pension Scheme who are less than 12 months in post and provides an overview of what is expected of you as an NHS Pension Scheme administrator throughout a Scheme year. At the end of the course, you will have a high-level understanding of the actions required to enable you to administer the NHS Pension Scheme at a local level. The course could also be used as a refresher course for anyone restarting in local NHS Pension Scheme administration.

### **Register Interest**

### Oliver McGowan Mandatory Training

For all Staff

#### Can you host an Oliver McGowan Mandatory Training Tier 2 session?

Our team are looking for venues to deliver the full day **Tier 2 Oliver McGowan Mandatory Training** in **Learning Disabilities** and **Autism** to health and care staff across the **Bristol**, **North Somerset** and **South Gloucestershire** region.

We need:

- Space for 33 delegates with tables (cabaret style)
- Good public transport access
- Tea and coffee onsite
- A whiteboard projector and flipchart
- Access from 8 30 am 5 30 pm

As a thank you for offering us your space, we can offer a protected number of training spaces.



#### Join Dr. Ruth Bowen for our new BNSSG Paeds Pod

We're excited to launch our first podcast, in the form of the **BNSSG Paeds Pod**. Hosted by **Dr. Ruth Bowen** (**Children & Young People** (CYP) **GP Fellow**), this monthly podcast will see Ruth interviewing **local specialists** on a **range of topics** relevant to **Primary Care Paediatrics**.

Episodes will be released monthly, with the **sixth full episode** - on the complex topic of the **Nocturnal Enuresis** with **Dr J-C Sconce** as the interviewee. The **seventh full episode** - on the complex topic of **Asthma** with **Dr Katy Pike** and **Dr Deborah Marriage** as the interviewees.

The content of this podcast is aimed at BNSSG primary care clinicians and will therefore feature references to local referral pathways; the majority of the content covered will be based on national guidelines, however, and applicable nationally.



# Six-Step Health & Well-being Toolkit For Primary Care Staff

#### Provided by BNSSG ICB and One Care

This six-step evidence-based toolkit will help organisational leaders to create a **positive workplace culture**, in which **staff health** and **well-being** are explicitly promoted. It has been developed by **BNSSG ICB** and **One Care**, with condensed content from multiple guides.

Anyone interested in boosting the **health** and **well-being** of their **primary care workforce** should find this a helpful resource; but **general practice leaders** working towards the **QOF QI health** and **well-being module**, and associated points, should find it **especially useful**.



### University of Bath MPharm Undergraduate Placements 2023 - 24

For Pharmacy and Practice Management Staff

#### Providing students experience in general practice

**University of Bath**'s **MPharm programme** provides students additional experience in clinical settings, to better prepare them for undertaking prescribing training in their **Foundation Training** year in 2025.

The **2023** - **24** programme began last **October** and offered a number of placements in **general practice** settings. To be able to provide more, the university is working with NHS England (NHSE), pharmacy workforce leads, and the Universities of Reading and Portsmouth to increase capacity and capability in the system. They are also looking for **practice surgeries** to **host placements**.

To this end, if your practice is willing to support this work, please contact the University of Bath's **Director of Practice Based** Learning, Lyn Hanning, as soon as you can.

Here are a few key points about the **MPharm programme**:

- Clinical tariff will be paid by NHSE to support placements
- University of Bath will provide accommodation and travel subsistence
- The **feedback** from **last year's** GP placements was **very positive** -- **over 95%** of students felt better informed of their future path.





#### Would you like to share some Good News?

Do you work in **BNSSG primary care**? Do you and your team have an **accomplishment** you're **proud of**?

Led by **Dr. Irorho Mousah** (**GP Retention Fellow**), BNSSG Training Hub is keen to **raise awareness** of the **fantastic work** being carried out in **primary care**, whether it's in a GP surgery or otherwise. If you have some news you want to share, complete our form; tell us **how** it's **impacted** your **team** and / or your **patient population**, and we can circulate the story on your behalf.

We'll be in touch to confirm we've received your **Good News**, and to ask any follow-up questions.

If you have **any questions** or **concerns**, please contact **bnssg.training.hub@nhs.net**.



### **BNSSG Essential Care Navigation Skills**

For receptionists and care navigators in BNSSG

#### Next session on Thursday 25 January | Don't miss out

"I was fairly cynical going into the course but **gained more** from it **than I expected to**. The **trainer** was very **pleasant** and **friendly**, and I learned a **great deal** of **small** but **useful ways** to **change my language**."

This **FREE half-day training** will help you and your practice in **providing support** to **patients** on **first contact**, in accordance with the **2023** / **24 Network Contract DES** guidance.

This <b>training covers</b>	<b>Dates</b> available
<ul> <li>Establish the key skills required for maintaining control of conversations with patients</li> <li>Address the challenges posed by the increasing number of clinical roles in primary care, many of which patients do not understand and are therefore reluctant to access</li> <li>And more</li> </ul>	<ul> <li>Four sessions are available on:</li> <li>Wednesday 17 January   09.30 - 12.30</li> <li>Thursday 25 January   09.30 - 12.30</li> <li>Wednesday 31 January   13.30 - 16.00</li> </ul>



### **BNSSG Enhanced Care Navigation Skills**

For receptionists and care navigators in BNSSG

#### Next session on Wednesday 24 January | Don't miss out

"I was fairly cynical going into the course but **gained more** from it **than I expected to**. The **trainer** was very **pleasant** and **friendly**, and I learned a **great deal** of **small** but **useful ways** to **change my language**."

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# Advanced Clinical Pharmacy Practice

#### For **Pharmacists**

Date(s):	Monday 29 January
Time(s):	19.00 - 20.00
Format(s):	Virtually
	Speaker(s):
• TBD	

Organised by the **University of Bath,** the **Advanced Clinical Pharmacy Practice** has been developed to link closely to both the pharmacy and the multi-disciplinary frameworks which define advanced practice. This FREE forum represents an opportunity to support development of attendees' knowledge and skills.

This session will cover:

- Choice of units reflecting your areas of professional interest
- **Study** at your own pace with minimal time away from work
- And much more

# 'Paediatrics in Primary Care: Mental Health & Neurodiversity'

#### For Primary Care Clinicians

Date(s):	Tuesday 30 January
Time(s):	08.45 - 13.00
Format(s):	Face-to-Face at BAWA Leisure (BS34 7RF)
Speaker(s):	

- Clare Sheahan (CAMHS)
- Anthony Crabb (CAMHS)
- Neky Sargant (Community Paediatrician)
- **Royston Hall** (Paediatric Neuropsychologist)

This FREE forum represents an opportunity to support development of attendees' **knowledge** and **skills**.

Mental health and Neurodiversity in children are common themes **BNSSG Primary Care Clinicians** struggle with and have requested education and updates around local referral pathways and resources relating to: **ADHD**, **ASD**, common **Mental Health diagnoses**, sources of **support** for children with **MH Disorders** or **Neurodiversity**, and **difficulties** faced by patients.

**Register Interest** 

### GPN National Update: Monthly Webinar

For all Nurses in General Practice

Date	e(s):	Friday 2 February	Jointly run by NHS England, National Association of
Time	e(s):	13.00 - 14.00	<b>Primary</b> this FREE virtual webinar will bring an opportunity to share <b>best practice</b> and for your voice to be <b>heard</b> by the <b>National Team</b> .
Form	at(s):	Virtually	To sign up to the Primary Care Bulletin, for regular updates
	Speaker(s):		on GPN and wider Primary Care information, please <u>click</u> <u>here.</u>
• Nyai	Nyamka Marsh (Islington Workforce & Education Lead		

- Nyamka Marsh (Islington Workforce & Education Lead Nurse)
- Marion Lynch (Global Health Consultant & Researcher)
- **Helen Beddow** (Programme Manager, Public Health Commissioning & Operations)

**Register Interest** 



### BNSSG Late-Career GP Peer Support Group

For late-career GPs (i.e., Last 5)

Date(s):	Wednesday 7 February
Time(s):	7.00PM - 9.00PM
Format(s):	Face-to-face at <u>Hours (BS1 5BD)</u>
Speaker(s):	

#### Dr. Caroline Parfitt and Maarit Brooks

Do you, as a **late-career GP**, have questions about the logistics of **retiring**? "**What do I need to know**, and **what do I need to do**?"

Then this peer support group is for you. Alongside likeminded colleagues, you will hear from **Maarit Brooks** covering the topic 'Nutrition for both body and mind'.

This is the first session in a new series for late-career GPs, currently scheduled to be held **every two months**, with new topics and speakers. Dates and the format (i.e., face-toface or virtual) are open for discussion, going forward.





### Online Dermoscopy Education Spring 2024

#### For Primary Care Clinicians

Date(s):	Part 1 on Thurs 8 Feb Part 2 on Thurs 29 Feb Part 3 on Thurs 21 Mar	
Time(s):	All <b>three sessions</b> will run from <b>13.30</b> - <b>17.00</b>	
Format(s):	Virtually	
Speaker(s):		
<ul> <li>Dr. Chin Whybrew (GP with a passion for dermoscopy)</li> </ul>		

Do you need to brush up on your **knowledge** and **management** of **skin lesions**? Does your practice have a **dermatoscope**, but you **haven't had** the **training to use it**?

This FREE, virtual training course will be delivered by **Dr**. **Chin Whybrew**. Sessions are open to all primary care clinicians who assess skin lesions in **Somerset**, **Wiltshire**, **Avon**, and **Gloucestershire** (SWAG).

For **more information**, please click **Register Interest** below.

**Register Interest** 

# 'Paediatric Allergy' CYP EduForum

#### For Primary Care Clinicians

Date(s):	<b>Tuesday 20 February</b>
Time(s):	12.45 - 13.45
Format(s):	Virtually

#### Speaker(s):

• **Rob Winter** (Bristol Children's Hospital Paediatric Registrar)

This FREE forum represents an opportunity to share learning between BNSSG primary care and the Bristol Royal Hospital for Children to support development of attendees' knowledge and skills.

This session will cover:

• IgE mediated and non-IgE mediated food allergies

- Case studies
- And much more

# Personalised Care and Coaching Skills

#### For Primary Care Clinicians

Date(s):	Tuesday 20 February
Time(s):	18.30 - 21.00
Format(s):	Virtually

#### Speaker(s):

• **Deborah O'Nyons** (Health Coaching Clinical Lead).

Organised by the **South West Primary Care Academy** this FREE workshop will focus on skill practice, development and enable you to explore personalised care in more depth and how this can be embedded in practice.

This session will cover:

- Supporting the patient to focus on their own resourcefulness
- Increase confidence in managing their health and wellbeing
- Explore how people can change their behaviours for better health outcomes

**<u>Register Interest</u>** 

• And much more.

# Primary Care Webinar: Cancer Screening for People with Learning Disabilities

For Healthcare Professional & Non-Clinical Staff

Date(s):	Tuesday 27 February
Time(s):	13.00 - 14.30
Format(s):	Virtually

#### Speaker(s):

- Shaun Langford (Clinical Project Co-ordinator)
- Lyn Sandles (LD Screening Practitioner)
- Dr Glenda Beard (GP Clinical Lead for Cancer)
- **Georgia Diebel** (Senior Primary Care Cancer Facilitator (Early Diagnosis)
- Emily White (Screening and Immunisation Coordinator, SW Vaccination & Screening Team (VaST)

Organised by **BNSSG ICB** and **Sirona care & health** this FREE forum will represent an opportunity to support development of attendees' knowledge and skills.

This session will cover:

- **Reasonable adjustments** and taking a **personalised** approach to **screening**
- Strategies to increase screening uptake for people with a learning disability
- Support available from the Adult Learning Disability Health Service (ALDHS)
- And much more.



### **BNSSG Respiratory Interest Group**

#### For Primary Care Clinicians

Date(s):	Wednesday 28 February
Time(s):	09.00 - 16.30
Format(s):	<u>Engineers House (BS8 3NB)</u>

#### Speaker(s):

• Daniel Higbee

- Sophie Rudman
- Carla Thomson
- Steven Cowman
- Katy Pike

This FREE face to face event will bring together GPs and other Healthcare Professionals with an interest in Respiratory Care and will support development of attendees' knowledge and skills.

This session will cover:

- End of life care
- Spirometry
- Bronchiectasis

For the agenda for this event, please <u>click here</u>.



### The Secret to Surviving at Work

#### For Primary Care Roles

Date(s):	Tuesday 5 March
Time(s):	09.30 - 12.00
Format(s):	Virtually

#### Speaker(s):

• **Dr Vik Mohan** (GP, Director of Community Health at Blue Ventures Conservation, Appraiser, Life Coach and Wellbeing Practitioner) Organised by **South West Primary Care Academy** this FREE forum represents an opportunity to better understand how to maintain your wellbeing and how to thrive at work.

This session will cover:

- Deepen their understanding of the risks to their wellbeing
- Better understand and be able to recognise the signs of burnout
- Understand the key determinants of wellbeing
- Identify areas for growth in support of their wellbeing
- Commit to specific goals/actions in support of their wellbeing
- Mapped out their current support networks

Please ensure that you have completed the form by **1st February.** 

**Register Interest** 

# 'I wish I Knew...'

For all IMG GPs, newly qualified GPs, GPs, GP Trainees

Date(s):	Wednesday 6 March
Time(s):	09.30 - 13.00
Format(s):	Face-to-Face at <u>Shaftesbury Park (BS16 1LG)</u>

This FREE forum for early career GPs represents an opportunity to increase your **confidence** and arm you with **skills** to make the most out of your career as a fully qualified **GP**. There will be coffee and tea available throughout the day and free on-site parking.

The details for this event are still being finalised, please stand-by for further information.

#### Speaker(s):

- **Shaba Nabi** (Clinical Lead Charlotte Keel Medical Practice, GP Training Programme Director)
- **Harry Pym** (Independent Financial Adviser, Legal and Medical Managing Personal Finances as a GP)

**Register Interest** 

# Primary Care Coming Together as a Team Conference

#### For Healthcare Professionals

Date(s):	Thursday <b>14 March</b>
Time(s):	TBD
Format(s):	Face-to-Face at <u>Sandy Park Way, Exeter</u> <u>(EX2 7NN)</u>
Speaker(s):	

Join us for an **extraordinary** conference designed to **unite** and **empower** everyone who plays a **crucial role** in **Primary Care**, from **Administrative** wizards to **Clinical** heroes.

The information for this event is being finalised. Please stand-by for further information.

• TBD



# 'Paediatrics in Primary Care: Paediatric Gastroenterology Event

For Primary Care Clinicians

Date(s):	Tuesday <b>19 March</b>
Time(s):	08.45 - 13.00
Format(s):	Face-to-Face at BAWA Leisure (BS34 7RF)
	Speaker(s):

Organised by the **BNSSG Training Hub**, this FREE face to face event will support development of attendees' **knowledge** and **skills**.

The information for this event is being finalised. Please stand-by for further information.

**<u>Register Interest</u>** 

• TBD