

This monthly **newsletter** features plenty of available resources and upcoming events. Please do **share** with **colleagues**!

Scheduled date for **next release: Wednesday 15 May** 2024



To subscribe, click here | To unsubscribe, click here

ltem:	Page #:
Available Resources	10
<u>Upcoming Events</u>	26

### **Available Resources #1**

ltem:	Audience:	Page #:
The Training Hub's Teams Profession Forums	For <b>Primary Care Staff</b>	10
Employing an FCP	For FCPs and Practice  Management Staff	11
BNSSG ICS EDI Network Updates for April	For all <b>Healthcare</b> Professionals	12
Greener Practice Bristol & Bath  Newsletter	For all <b>Primary Care Staff</b>	13
Primary Care Bulletin	For all <b>Primary Care Staff</b>	14

### **Available Resources #2**

ltem:	Audience:	Page #:
GPs Urge Policy Makers To Invest In Green Space To Reduce NHS Pressure	For all <b>Staff</b>	15
Principles of Primary Care (CPD) Course	For all Allied Health Professionals & Primary Care Staff	16
BNSSG Paeds Pod	For Primary Care Paediatrics Staff	17-18
NHS Pension Newsletter	For all <b>Staff</b>	19

### **Available Resources #3**

ltem:	Audience:	Page #:
Oliver McGowan Mandatory Training	For all <b>Staff</b>	20
Six-Step Health & Well-being Toolkit	For <b>Primary Care Staff</b>	21
University of Bath MPharm  Undergraduate Placements 2023 - 24	For <b>Pharmacy</b> and <b>Practice Management Staff</b>	22
BNSSG Primary Care Good News	For <b>Primary Care Staff</b>	23-24
GP Late Career Support Group	For <b>Last 5 GPs</b>	25

Date	Event	Audience	Page
24.04	<u>Menopause Webinars</u>	For all Primary Care Clinicians in BNSSG	26
25.04	BNSSG Cancer Lead GP Forum	For <b>Primary Care Clincians</b>	27
29.04	BNSSG ICB 'Inclusive Research' Seminar	For <b>Primary Care Staff</b>	28
29.04	People and Communities Learning Programme	For all staff engaging with communities	29
01.05	Diversi-Tea event	For <b>all community staff</b>	30

Date	Event	Audience	Page
07.05	Late Career GP Peer  Support Group: Living  Through Change	For <b>last 5 GPs</b>	31
09.05	Lynch Syndrome and Aspirin webinar	For <b>GPs and Practice/PCN</b> Pharmacists	32
14.05	ICON Sessions	For <b>Primary Care Staff</b>	33
14.05	Developmental Delay CYP EduForum	For <b>Primary Care Clinicians</b>	34
15.05	Level 2 Repeat Prescriptions  Training	For all prescription clerks	35

Date	Event	Audience	Page
22.05	South West Axial Spondyloarthritis Group webinar	For <b>Primary Care Staff</b>	36
23.05	South West Respiratory Conference	For <b>Primary Care Staff</b>	37
13.06	BNSSG ICB 'Living with Chronic Pain after Cancer Treatment' Seminar	For <b>Primary Care Staff</b>	38
18.06	Infant MSK CYP EduForum	For <b>Primary Care Clinicians</b>	39

Date	Event	Audience	Page
03.07	Portfolio Careers Event for Primary Care Clinicians	For <b>Primary Care Clinicians</b>	40
20.08	ENT CYP EduForum	For <b>Primary Care Clinicians</b>	41



Want to keep in touch with other members of your profession group from across BNSSG?

Don't want to miss any updates on training and support available to you and your colleagues?

Why not join one (or more) of our Microsoft Teams Profession Forums?

Click the **buttons below** to **request access** to the **forums** you're interested in If you have any questions or concerns, please contact **bnssg.training.hub@nhs.net** 

**Advanced Practice** 

**Care Co-ordinators** 

**Dietitians** 

**General Practice Nursing** 

**GP Simulation** 

**Health & Wellbeing Coaches** 

**Mental Health Practitioners (MHPs)** 

**MSK FCP**s

**Paramedics** 

**Pharmacy Professionals** 

**Physician Associates (PAs)** 

**Social Prescribing Link Workers (SPLWs)** 

**Primary Care Menopause Network** 



## **Employing an FCP**

Ισων ορόμο»

For FCPs and Practice Management staff

Understanding First Contact Practitioners (FCPs) educational pathways

The state of the s

& supervision requirements

Allied Health Professionals (AHPs) employed as FCPs are Physiotherapists, Paramedics, Occupational Therapists, Dieticians and Podiatrists. A First Contact Practitioner (FCP) is a diagnostic AHP working in Primary Care at a Masters Level (L7) and has at least 5 years post-graduate experience. They work with undifferentiated/undiagnosed presentations and with uncertainty.

All additional roles in **Primary Care** require varying supervision including **Network DES Contract ARRS Annex B**, the **CQC myth buster** and **NHSE guidance**. FCPs should complete the Roadmap to practice as per the DES ARRS Annex B and the CQC Myth buster. They can enrol on a **nationally accredited program**, including a Taught Route or a Supported e-portfolio route. FCPs apply to universities with funded FCP places which cover stage 1 & 2 of the FCP Roadmap.

Portfolio routes and taught routes include support from Universities, cover stage 1 & 2 of the Roadmap and both require a local supervisor.





## BNSSG ICS **EDI Network Updates** for **April**

For all **healthcare professionals** 

### "Have a lovely April from the EDI Project Team"

The BNSSG ICS Equality, Diversity, & Inclusion (EDI) Project Team have released their latest Staff Network updates bulletin. This copy features a range of personal development opportunities, job vacancies, training opportunities, upcoming events, and more.

One of the **events** highlighted is the **Edward Jenner Programme.** 

This is your first port of call if you're looking to build a strong foundation of **leadership skills** that can help enhance your **confidence** and **competence** in your role. The programme has been designed to offer flexibility as a suite of online short courses. This course is ideal for you if you are from any clinical or non-clinical background, a newly-qualified clinician, new to/returning to a clinical role, aspiring to a leadership or management role and a healthcare professional student or trainee.



**Read More** 



#### The latest climate news, projects, and opportunities

**Greener Practice Bristol & Bath** have released their **April newsletter**, featuring an assortment of opportunities, online and face-to-face meetings, talks, and conferences, national news, and best practice guidance regarding the **Green Impact for Health Toolkit**.

#### **Greener Practice Bristol & Bath meeting** | Tuesday **30th April**

The next meeting will focus on the 'Travel & Exercise' and 'Food & Drink' sections of the toolkit and how to help your practice complete them.

To join the meeting, please <u>click here</u>.







#### The latest news, projects, and opportunities

**NHS England Primary Care have released their April newsletter**, featuring an assortment of opportunities, online and face-to-face meetings, talks, and conferences, and national news.

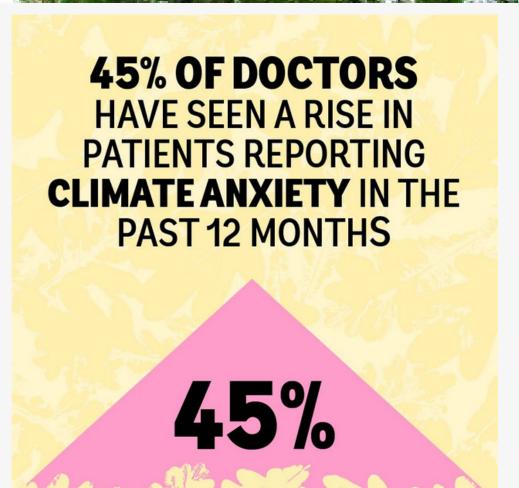
Care Navigation Connect is the free dedicated space for general practice staff who want to learn more about care navigation. Foundation and advanced levels are available to support staff to effectively implement care navigation in their service. This follows care navigation training offered through Primary Care Access Recovery Programme in 2023/24. The platform also hosts a community of practice and a selection of resources to help general practice and primary care network staff to improve their knowledge and embed care navigation to ensure patients get the right care at the right time.







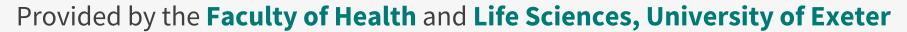






## Principles of Primary Care (CPD) Course

For all Allied Health Professionals & Primary Care Staff



**Public Health** and **Primary Care** provide the foundation for successfully managed healthcare for populations across the world from birth through to old age. Primary Care is 'the most efficient form of care and the chosen way to deliver health for all' (World Health Organisation), but sometimes there is a lack of understanding about its core principles and the evidence behind its effectiveness. Learning about these **key principles** will contribute to practitioners' **knowledge** and **confidence** in this specialisation. For policymakers, it may demystify some of publicity around primary care and general practice.

This **one-day** course provides a unique insight into **practical solutions** to some of the challenges faced every day across Primary Care and can help health professionals to make a meaningful impact in their communities – whether based in the UK or in other countries. We will explore the **core concepts** of both primary care and its crossover into public health, providing an **integrated perspective**. Participants will be offered a toolkit of practical skills enabling them to apply the learning in practice.

The available date is Tuesday 14 May, either via Zoom or St Lukes Campus, University of Exeter.





## BNSSG Paeds Pod

For **Primary Care Paediatrics Staff** 

#### Join Dr. Ruth Bowen for our new BNSSG Paeds Pod

The BNSSG Paeds Pod is hosted by Dr. Ruth Bowen (Children & Young People (CYP) GP Fellow) - this monthly podcast will see Ruth interviewing local specialists on a range of topics relevant to Primary Care Paediatrics.

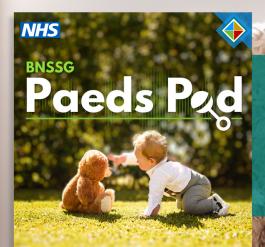
Episodes will be released monthly, with the **tenth full episode** out now . This episode focuses on the complex topic of **Children and Young People Health Inequalities** with **Helen Tapson** (South Gloucestershire Public Health Consultant and Lead for health inequalities in CYP) as the interviewee.

The content of this podcast is aimed at BNSSG primary care clinicians and will therefore feature references to local referral pathways; the majority of the content covered will be based on national guidelines, however, and applicable nationally.



**Listen Now** 





## BNSSG Paeds Pod

For **Primary Care Paediatrics Staff** 

#### Latest and upcoming BNSSG Paeds Pod Episodes

#### **CYP Health Inequalities** (released 16th April)

"We are all in the same storm but we are not all in the same boat". What local and national projects are striving to tackle health inequalities in Children and Young People? What part do we play in Primary Care? South Gloucestershire Public Health consultant **Helen Tapson** guides us through the **challenging topic of CYP health inequalities**: highlighting exciting current national and local projects and using cases to explore **practical tips and resources** to empower us in Primary Care.

#### Cows Milk Protein Allergy (releasing on 16th May)

Confused by milk-related disorders in infants? Not sure when to trial dairy-free diets or what to prescribe? **Nick Sargant** (Paediatric Allergy Consultant) explores this confusing and **commonly misdiagnosed topic** and brings the **guidelines** to life.

Also watch this space for 'Chronic Headaches in Children' and 'Paediatric Top Tips and Myths'.



Listen Now

### **NHS Pension Newsletter**

For all Staff

"Have a lovely April from the NHS Pensions Team"

The **NHS Pensions Team** have released their latest Staff Newsletter. This copy features a range of personal development opportunities, training opportunities, upcoming events, and more.

#### A training opportunity is available:

#### NHS Pensions GP Practice Manager Training | 21 March - 30 November, 2024

The next GP practice manager CPD accredited events include educational training tailored for practice managers, delivered virtually via Microsoft Teams:

**Level 1:** Information on the NHS Pension Scheme website, Annual Benefit Statements, roles and responsibilities, Pensions Online (POL), the AW8 and the member journey

Level 2: Roles and responsibilities, flexible retirement, leave overview, ill health, and family benefits.



#### Can you host an Oliver McGowan Mandatory Training Tier 2 session?

Our team are looking for venues to deliver the full day **Tier 2 Oliver McGowan Mandatory Training** in **Learning Disabilities** and **Autism** to health and care staff across the **Bristol**, **North Somerset** and **South Gloucestershire** region.

#### We need:

- Space for 40 delegates with tables (cabaret style)
- Good public transport access
- Tea and coffee onsite
- A whiteboard projector and flipchart
- Access from 8:30AM 05:30PM

As a thank you for offering us your space, we can offer a protected number of training spaces.



# Six-Step Health & Well-being Toolkit

For **Primary Care Staff** 

#### Provided by BNSSG ICB and One Care

This six-step evidence-based toolkit will help organisational leaders to create a **positive workplace culture**, in which **staff health** and **well-being** are explicitly promoted. It has been developed by **BNSSG ICB** and **One Care**, with condensed content from multiple guides.

Anyone interested in boosting the health and well-being of their primary care workforce should find this a helpful resource; but general practice leaders working towards the QOF QI health and well-being module, and associated points, should find it especially useful.





## University of Bath MPharm Undergraduate Placements 2023 - 24

For **Pharmacy** and **Practice Management Staff** 

## Providing students experience in general practice

**University of Bath**'s **MPharm programme** provides students additional experience in clinical settings, to better prepare them for undertaking prescribing training in their **Foundation Training** year in 2025.

The 2023 - 24 programme began last October and offered a number of placements in **general practice** settings. To be able to provide more, the university is working with NHS England (NHSE), pharmacy workforce leads, and the Universities of Reading and Portsmouth to increase capacity and capability in the system. They are also looking for **practice surgeries** to **host placements**.

To this end, if your practice is willing to support this work, please contact the University of Bath's **Director of Practice Based Learning**, **Lyn Hanning**, as soon as you can.

Here are a few key points about the **MPharm programme**:

- Clinical tariff will be paid by NHSE to support placements
- University of Bath will provide accommodation and travel subsistence
- The **feedback** from **last year's** GP placements was **very positive** -- **over 95%** of students felt better informed of their future path.





**BNSSG Training Hub** are pleased to announce the first episode of **BNSSG Good News** has been released. We hope you have enjoyed the first episode of BNSSG Good News. To view the first episode, please <u>click here</u>.

If you would like to share your **BNSSG Primary Care** based, good news with us, please <u>click here</u>.

For further information about Open Minds Active, please <u>click here</u>.



If you have **any questions** or **concerns**, please contact **bnssg.training.hub@nhs.net**.



Read More



### Would you like to share some Good News?

Do you work in **BNSSG primary care**? Do you and your team have an **accomplishment** you're **proud of**?

Led by **Dr. Irorho Mousah** (**GP Retention Fellow**), BNSSG Training Hub is keen to **raise awareness** of the **fantastic work** being carried out in **primary care**, whether it's in a GP surgery or otherwise. If you have some news you want to share, complete our form; tell us **how** it's **impacted** your **team** and / or your **patient population**, and we can circulate the story on your behalf.

We'll be in touch to confirm we've received your **Good News**, and to ask any follow-up questions.





## GP Late Career Support Group



#### For Late Career GPs

#### Peer support group for last 5 GPs

We are a group of GPs meeting in the evening in central Bristol for **informal mutual discussion about the demands of NHS primary care** and how we each respond. We have also had speakers on **financial planning**, **personal wellbeing** and have even had a **'walk and talk'** session with another planned for July this year. If you are interested in joining this group please get in contact with us. We meet every 2-3 months.

The **next event** is Tuesday 7th May at HOURS, 10 Colston Yard, Bristol and will be an interactive speaker led session on **managing change in our lives**. **See the flyer by clicking here.** 

Please join the mailing list by clicking on the link below, or contact us at:

Caroline Parfitt <u>caroline.parfitt@nhs.net</u>
Cordelia Feuchtwang <u>cordelia.feuchtwang@nhs.net</u>



Sign up to mailing list



## **Menopause Webinars**

#### For all Primary Care Clinicians in BNSSG

Date(s):

Wed **24 April**Tues **21 May** 

Time(s):

13:00 - 14:00

Format:

**Virtually** 

#### Speakers:

- Dr Sam Morgan
- Dr Harriet Delap
- **Sharon Hartmann** (Specialist Nurse)

Organised by **Dr Sam Morgan** and **BNSSG** 

**Training Hub** these sessions will help to support the development of attendees' **knowledge** and **skills**.

#### This session will cover:

- An **overview** of **Menopause**
- HRT troubleshooting
- Premature Ovarian Insufficiency
- And much more.



Date(s):

Thursday 25 April

Time(s):

12:45 - 13:45

Format:

Virtually on Microsoft Teams

Speaker(s):

 Zoe Walker (Macmillan Radiographer at BHOC Late Effect Service) This is the next FREE BNSSG Cancer Lead GP Forum, to be chaired once again by **Dr. Glenda Beard**.

The content for this event is still being finalised, please stand-by for further information.





Date(s):

Monday 29 April

Time(s):

15:00 - 16:00

Format:

**Virtually** 

#### Speaker(s):

- **Dr Jenny Scott** (University of Bristol)
- Ghislaine Swinburn (The Wellspring Surgery)
- **Dr Sahdia Parveen** (University of Bradford)
- **Dr Ilhem Berrou** (University of the West of England, Bristol)

This FREE forum represents an opportunity to support development of attendees' **knowledge** and **skills**.

#### This session will cover:

- Exploring a novel approach to reducing health inequalities in people who use drugs
- Nutritional assessment of the homeless population
- Implementation and evaluation of the ADAPT toolkit
- How do community-based health interventions, delivered by Caafi Health, mitigate the impact of digital exclusion on the health of people from minority ethnic groups





# NHS E People and Communities Online Learning Programme

For all staff engaging with community

Date(s):

Time(s):

Format:

Working with and supporting PPV Partners – Your Q&As

29 April 15:00-16:00 27 May 15:00-16:00 24 June 15:00-16:00 **Various dates** 

**Various times** 

**Virtually** 

PPV Partner 'drop in'

30 April 9:30-11:00 28 May 9:30-11:00 25 June 9:30-11:00 These sessions are about working in partnership with people and communities and include a mix of webinars and workshops, hosted by the NHS England Public **Participation team**. The sessions are aimed at colleagues working in or with NHS organisations in engagement activity with people and communities some sessions are aimed at people who are newer to working with people and communities, helping them to build their knowledge and their toolkit of resources and ideas. Some sessions are aimed at more experienced engagement practitioners, helping them further explore good practice and innovative approaches.





## Sirona Care & Health Diversi-TEA event



#### For all community staff

Date(s):

Wednesday 1 May

Time(s):

Morning event 10:00 - 12:00 Afternoon event 13:00 - 15:00

Format:

Face to face: City Hall, College Green, Bristol

Speaker(s):

Drop in event

Meet and talk with us about race and how it effects your experiences in community healthcare.

Welcome to our first Diversi-Tea event, open to all Sirona colleagues and our community partners.

Highlighting our commitment in Sirona to promoting and delivering effective EDI practice in the workplace.

**No need to book, just drop in** to either the morning or afternoon session! Refreshments provided.



**Contact for queries** 



## BNSSG Late-Career GP Peer Support Group: 'Living through change -how to comfortably transition from active work-life to retirement'

For Last 5 GPs

Date(s):

Tuesday 7 May

Time(s):

19.00 - 21.00

Format:

Face-to-face at
HOURS 10 Colston Yard
(BS1 5BD)

Speaker(s):

Are you a **late-career GP** with **financial questions**, perhaps about the **NHS pension scheme**?

If so, this FREE session is for you. This second meeting of the **BNSSG Late-Career GP Peer Support Group** will provide financial guidance and support, and serve as an opportunity to:

- Forge new friendships and connections
- Share **knowledge**
- Support each others' well-being

Sari Vanska





## Lynch Syndrome and Aspirin Webinar

For GPs and Practice/PCN Pharmacists

Date(s):

Thursday 9 May

Time(s):

13:00 - 14:00

Format:

**Virtually on Microsoft Teams** 

Speaker(s):

 Frank McDermott (South West Deputy Clinical Director, GMS) This is a webinar on **Lynch Syndrome and Aspirin** for Medicines Optimisation & PCN pharmacists and primary care clinicians on **aspirin prescribing for Lynch Syndrome people**.

Speakers include Frank McDermott (South West Deputy Clinical Director, GMS).

The session is especially relevant for **GPs and Practice/PCN Pharmacists.** 





Date(s):

Tues **14 May** Weds **17 July** 

Thurs 19 Sep

Tues 12 Nov

Time(s):

**Various times** 

Format:

**Virtually** 

This FREE, virtual training will support development of attendees' **knowledge** and **skills**.

**ICON** is an evidenced based programme aimed at preventing **abusive head trauma injuries** to babies caused by **shaking**.

#### Speakers:

See further details in the read more section





# 'Developmental Delay' CYP EduForum

#### For **Primary Care Clinicians**

Date(s):

Tuesday 14 May

Time(s):

12:45 - 13:45

Format(s):

**Virtually** 

Speaker(s):

• Charlotte Loh (Paediatric Neurodisability ST7)

This FREE forum represents an opportunity to share learning between **BNSSG Primary Care** and the **Bristol Royal Hospital for Children**, to support development of attendees' **knowledge** and **skills**.

The information for this event is being finalised. Please stand-by for further information.

Further topics will be covered in future CYP EduForum sessions held virtually from 12.45 - 13.45 on Tuesdays monthly.





## **Level 2 Repeat Prescriptions Training**

#### For all Prescription Clerks in BNSSG

Date(s):

**Second cohort:** 

Weds 15 May / Weds 22 May

Time(s):

14:00 - 16:00

Format:

Virtually on Microsoft Teams

#### Speakers:

 Mandy Hodges (Pharmacy Technician, HealthWest PCN) This FREE, virtual training is intended to support prescription clerks in attaining a **Level 2** understanding of **generating repeat prescriptions**.

Two sessions are available, covering **Levels 1** and **2** respectively. For more information on what these sessions will cover, please click **Register Here** below.





# South West Axial Spondyloarthritis Group webinar

#### For **Primary Care staff**

Date(s):

Wednesday 22 May

Time(s):

13:00 - 13:45

Format:

**Virtually** on Microsoft Teams

Speaker(s):

- Dr Tom Williams (RUH)
- **Dr Imogen Taylor** (UHBW)

**SWAG** is a collaboration between rheumatology teams at Great Western Hospital (Swindon), Royal United Hospital (Bath), Torbay Hospital, North Bristol and Bristol Royal Infirmary/Weston super Mare NHS Trusts.

The average time to diagnosis of axial spondyloarthritis (axial SpA) in the UK is eight years - we can do better. SWAG aim to improve the recognition and referrals for suspected axial SpA. Join us for this important update on what to ask and how to refer.









Date(s):

Thursday 23 May

Time(s):

9:00 - 16:30

Format(s):

Face to face: Engineers House,
Bristol BS8 3NB

Speaker(s):

SW Clinical Network Team

The SW Respiratory Clinical Network invites you to attend a conference aimed at colleagues involved in respiratory system change and development within ICBs, along with colleagues from Primary, Community and Secondary Care who are helping develop services – this may also be relevant to partner organisations (Health Innovation Networks, third sector).

The agenda can be downloaded from the link below and includes details about the day's timings and workshops.





# BNSSG ICB 'Living with Chronic Pain after Cancer Treatment' Seminar



#### For **Primary Care Staff**

Date(s):

Thursday 13 June

Time(s):

12:00 - 13:00

Format(s):

Virtually

#### Speaker(s):

 Dr Julie Armoogum (Macmillan Senior Lecturer, School of Health and Social Wellbeing and Researcher, University of the West of England) The Research team at **Bristol, North Somerset** and **South Gloucestershire Integrated Care Board (BNSSG ICB)** 

welcome you to a special seminar introducing our latest

Launching Fellow, Dr Julie Armoogum.

This FREE forum represents an opportunity to support development of attendees' **knowledge** and **skills**.

#### This session will cover:

- Chronic pain after cancer treatment
- Treatment options
- And much more...





## 'Infant MSK' CYP EduForum





Tuesday 18 June

Time(s):

12.45 - 13.45

Format(s):

**Virtually** 

Speaker(s):

Gemma Tebutt

This FREE forum represents an opportunity to share learning between **BNSSG Primary Care** and the **Bristol Royal Hospital for Children**, to support development of attendees' **knowledge** and **skills**.

The information for this event is being finalised. Please stand-by for further information.

Further topics will be covered in future CYP EduForum sessions held virtually from 12.45 - 13.45 on Tuesdays monthly.





# Portfolio Careers Event for Primary Care Clinicians

For **Primary Care Clinicians & Managers** 

Date(s):

Wednesday 3 July

Time(s):

8:45 - 14:45

Format(s):

Face-to-face: <u>BAWA Leisure</u> (<u>BS34 7RG)</u>

Speaker(s):

TBD

Organised by BNSSG Training Hub, this FREE, interactive half-day session will feature inspirational local Primary

Care Clinicians sharing their portfolio career experiences and providing advice on building your own portfolio career! It will include information on portfolio careers in teaching, research, leadership, management, working in special settings and clinical special interests. The event will end with a free networking lunch.





## 'ENT' CYP EduForum

#### For **Primary Care Clinicians**

Date(s):

Tuesday 20 August

Time(s):

12.45 - 13.45

Format(s):

**Virtually** 

Speaker(s):

Michael Saunders

This FREE forum represents an opportunity to share learning between **BNSSG Primary Care** and the **Bristol Royal Hospital for Children**, to support development of attendees' **knowledge** and **skills**.

The information for this event is being finalised. Please stand-by for further information.

Further topics will be covered in future CYP EduForum sessions held virtually from 12.45 - 13.45 on Tuesdays monthly.

