







Wednesday 14 June Training Hub Headlines

This bi-weekly **newsletter** features signposts to **24** available resources, upcoming events, event feedback, and job vacancy items.

Please do share with colleagues!

Scheduled date for **next release: Thursday 6 July**, 2023



= new item or new details added

Contact us at bnssg.training.hub@nhs.net

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Want to keep in touch with other members of your profession group from across BNSSG?

Don't want to miss any updates on training and support available to you and your colleagues?

Why not join one (or more) of our Teams Profession Forums?

Click the **buttons below** to **request access** to the **forums** you're interested in If you have any questions or concerns, please contact **bnssg.training.hub@nhs.net**

Advanced Practice

Care Co-ordinators

Dietitians

General Practice Nursing

GP Simulation

Health & Wellbeing Coaches

Mental Health Practitioners (MHPs)

MSK FCPS

Paramedics

Pharmacy Professionals

Physician Associates (PAs)

Social Prescribing Link Workers (SPLWs)



BNSSG ICS **EDI Network Updates** for **June**

For all **healthcare professionals**

"Have a lovely June from the EDI Project Team"

The BNSSG ICS Equality, Diversity, & Inclusion (EDI) Project Team have released their latest Staff Network updates bulletin. This copy features a range of personal development opportunities, job vacancies, training opportunities, upcoming events, and more.

One of the **events** highlighted, coinciding with **Pride Month**, is:

WorkPride Global 5-Day Pride Event | 19 - 23 June, 2023

This **5-day** series of **virtual events** is FREE for professionals, graduates, inclusive employers, and anyone who believes in workplace equality -- attendees from around the globe will be sharing best practice around creating workspaces inclusive of all **sexual orientations**, **gender identities**, and **gender expressions**.





2023 – 24 funding for Trainee Nursing Associate Apprenticeships



For practice management staff

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Contact <u>nursingassociates.sw@hee.nhs.uk</u> for more

Funding for **nursing associate apprentices** enrolling on programmes running up to **Sunday 31 March**, 2024, has as of last month been confirmed by **NHS England** (NHSE).

For each **trainee nursing associate** (TNA), an employer will be eligible for a total funding sum of £8,000 over **two years** (£4,000 per year).

For **more information** regarding this funding, please contact **nursing.associates.sw@hee.nhs.uk**.



Personalised Care Roles Training Matrix For personalised care roles and practice management staff

Pulled together by our Personalised Care Profession Leads

Practices are required, under the **Health** and **Social Care Act 2008**, to ensure staff are suitably qualified, competent, and experienced to meet the needs of service-users. This **training matrix** is intended to help with this process as it relates to **personalised care roles** (e.g., care coordinators, social prescribing link workers (SPLWs), and health & well-being coaches), and can be amended according to the particular needs of your practice's staff and patient population.

It is split into two sections, as follows:

Part 1: Induction Training Matrix

This section features **mandatory** and **recommended training** for **new staff**, including training on: **conflict resolution**, **dementia awareness**, and **infection prevention** & **control**.

Part 2: Further Training Matrix

This section highlights **additional training** for staff who want to further **develop their knowledge**, beyond the induction level. It includes links to training on: **shared decision making** (SDM), **collaborative working**, and **suicide prevention**.





Gender Identity & Trans Awareness Training



Principally for mental health practitioners (MHPs), but others are welcome

Date(s):

Thursday 28 September

Time(s):

09.30AM - 12.30PM

Format:

Virtually on Microsoft Teams

Speaker(s):

- Lucy Dalley (Peer Support Worker, The Laurels Gender Identity Clinic)
- **Emily Milton** (Named Professional, The Laurels Gender Identity Clinic)

Save the date!

This FREE, virtual training is being organised by **Amy Chrzanowski** (Mental Health Profession Lead, BNSSG Training Hub).

Please keep an eye out for **more information** on this training, as and when it becomes available.

In the meantime,

Happy Pride Month!



Express Interest



BNSSG Enhanced Care Navigation Skills

For receptionists and care navigators in BNSSG

Final session on Tuesday 25 July | Don't miss out

I took a lot away from this session. I was given lots of techniques and ideas that I could implement within my role. I really benefited from this course. Massive thanks.

This **FREE half-day training** will help you and your practice in **providing support** to **patients** on **first contact**, in accordance with the **2023** / **24 Network Contract DES** guidance.

This training covers...

- Personal and team resilience approaches for when patient behaviours become too much
- How to support patients experiencing mental health crises
- The factors leading to persistently angry behaviour in patients

Dates available...

Throughout June and July:

- Both **morning** (**09.30**AM **12.30**PM)
- And afternoon (01.30PM 04.30PM)







BNSSG Essential Care Navigation Skills

For receptionists and care navigators in BNSSG

Final session on Tuesday 25 July | Don't miss out

I was fairly cynical going into the course but **gained more** from it **than I expected to**. The **trainer** was very **pleasant** and **friendly**, and I learned a **great deal** of **small** but **useful ways** to **change my language**.

This **FREE half-day training** will help you and your practice in **providing support** to **patients** on **first contact**, in accordance with the **2023** / **24 Network Contract DES** guidance.

This training covers...

- Establish the key skills required for maintaining control of conversations with patients
- Address the challenges posed by the increasing number of clinical roles in primary care, many of which patients do not understand and are therefore reluctant to access
- And more...

Dates available...

Three sessions are available on:

- Wednesday 28 June | 01.30PM 04.30PM
- Friday 14 July | 01.30PM 04.30PM
- Tuesday 25 July | 09.30AM 01.30PM





"Oiling the Wheels": A GP Locum Event

For **GP locums** in BNSSG

Date(s):

Wednesday 5 July

Time(s):

09.00AM - 04.45PM

Format:

Face-to-face at Engineers House (BS8 3NB)

Speaker(s):

NEW speakers include:

- Harry Pym (Independent Financial Adviser, Legal & Medical Investments Ltd.)
- Jenna Clark (Senior Client Portfolio Manager, Monahans)

Life as a GP can be a bit of a grind -- all the more so if you're a **GP locum** and don't have regular access to the support framework provided by practice surgeries...

Organised by **Dr. Andrew Hunter** (GP Retention Fellow, BNSSG Training Hub), this FREE, face-to-face event is here to offer a helping hand with **nailing** the **"nuts n' bolts"**, the **logistics** of your career, and with **maintaining** your **health** and **well-being**.

The <u>agenda</u> for this **event** is **now** <u>available here</u>



Register Interest





Sirona Care & Health Diabetes Conference 2023

For all **healthcare professionals** in **diabetes care**

Date(s):

Wednesday 14 June

Time(s):

09.00AM - 04.30PM

Format:

Face-to-face at St. Michael's Centre (BS34 8PD)

Speaker(s):

- Dr. Natasha Thorogood (BRI) on Diabetes
 Technology Update
- Kiszy Locke (UHB) on The 4 Pillars of Diabetes Care
- And more...

Organised in collaboration with local and regional experts, the **Sirona Diabetes and Nutrition Service (DANS)** have put together this exciting, FREE programme.

This will be an opportunity to meet representatives from **representatives** from **other services** within the local pathway -- a couple have been highlighted to the left, but click **Register Here** to see the full list.



Register Here



"Community Paediatric Update" CYP Educational Forum

For primary care staff

Date(s):

Tuesday 20 June

Time(s):

12.45PM - 01.45PM

Format(s):

Virtually on Microsoft Teams

Guest Speaker(s):

 Dr. Tamsin Woodbridge (Regional Community Child Healt Health - South West Severn, RCPCH) This FREE forum is an opportunity to share knowledge and learning between BNSSG primary care and the Bristol Royal Hospital for Children, with the aim of developing attendees' skills and education.

This session will revolve around the clinical theme of "Community Paediatric Update", while also providing system updates and offering a chance for general discussion relating to children and young people.



Register Here

Date(s):

Thursday 22 June

Time(s):

12.30PM - 02.00PM

Format:

Virtually on Microsoft Teams

Speaker(s):

 Dr. Glenda Beard (Clinical Lead for Cancer and Specialised Commissioning, BNSSG ICB) This focus of this month's **BNSSG Cancer Lead GP Forum** is to:

- Share & learn from PCN reports for 2022 / 23
- Look in more depth at cancer screening
- Review **DES requirements**
- Hear from Screening & Imms Team on regional cervical project
- Launch targeted cervical screening project applications
- LD screening practitioner role and remit



Register Here



Anxiety and Depression: Assessment and Management Training

For paramedics, physiotherapists, pharmacists, physician associates (PAs), and nurses

Date(s):

Thursday 22 June

Time(s):

09.00AM - 12.00PM

Format:

Face-to-Face at
Shaftesbury Park (BS16 1LG)

Speaker(s):

 Amy Chrzanowski (Mental Health Profession Lead, BNSSG Training Hub) Organised by **Amy Chrzanowski** (Mental Health Profession Lead, **BNSSG Training Hub**), this FREE face-to-face training will provide an overview of **anxiety** and **depression**, and explore the following themes:

- Patient assessment
- Treatment options (inc. pharmacological ones)
- Risk assessment
- Safety planning





"Your Health & Well-being" Personalised Care Training

Principally for **personalised care roles**, but others are welcome

Date(s):

Thursday 22 June

Time(s):

10.30AM - 11.30AM

Format:

Virtually on Microsoft Teams

Speaker(s):

 Tailte Breffni (Health & Well-being for Primary Care - Programme Manager, One Care) This FREE training, organised by **Vicky Wood** (Care Coordinator Profession Lead, BNSSG Training Hub), is aimed at **personalised care roles** -- care co-ordinators, social prescribing link workers (SPLWs), and health coaches. **Other** primary care **roles** are **welcome to join**, if interested.

This session will explore **best practice** and **available resources** around **boosting** and **maintaining** your **personal health** and **well-being**.





CALM Course for Primary Care Staff

Now for all **primary care** staff

Date(s):

Thursday 22 June

Time(s):

09.00AM - 01.00PM

Format:

Face-to-face at Engineers House (BS8 3NB)

Speaker(s):

 Dr. Ashish Bhatia (Founder of Humble and local GP) We've all faced **huge challenges adapting** to COVID, digital working, and the new norms of working life. This FREE, face-to-face course may can help with learning how to "**surf stress**" and **enjoy life's ride** more.

Modelled around four distinct stages, this course will see you and Dr. Ashish Bhatia exploring the science (neurobiology) and practical tools that work naturally to balance your body and mind.

For more information, please <u>watch the inductory</u> <u>video</u>.

To **register your interest** in joining, please contact **Nina Brown** at **nina.brown5@nhs.net**.



Contact Nina



"The **Importance** of **Early Diagnosis** in **Cancer**" Education Event **#1**



For personalised care roles

Date(s):

Tuesday 4 July

Time(s):

Both **01.00PM** - **02.00PM**

Format:

Virtually on Microsoft Teams

This session will cover:

 Dr. Glenda Beard (Clinical Lead for Cancer, BNSSG ICB)

Speaker(s):

 Georgia Diebel (Senior Primary Care Cancer Facilitator (Early Diagnosis), BNSSG ICB) This FREE session is designed to increase your knowledge of and confidence around **cancer prevention**, **screening**, and **symptom awareness**, and to emphasise the **importance** of **early diagnosis** for better patient outcomes.

- "Why is cancer such a big topic for us all?"
- An introduction to 'What is cancer?'
- Developing your knowledge and understanding of cancer prevention
- And more...





"The **Importance** of **Early Diagnosis** in **Cancer**" Education Event #2



For personalised care roles

Date(s):

Tuesday 11 July

Time(s):

Both **01.00PM** - **02.00PM**

Format:

Virtually on Microsoft Teams

Speaker(s):

- Dr. Glenda Beard (Clinical Lead for Cancer, BNSSG ICB)
- Georgia Diebel (Senior Primary Care Cancer Facilitator (Early Diagnosis), BNSSG ICB)

This FREE session is designed to increase your knowledge of and confidence around **cancer prevention**, **screening**, and **symptom awareness**, and to emphasise the **importance** of **early diagnosis** for better patient outcomes.

This session will cover:

- Increasing your knowledge and understanding of cancer screening
- Understanding why we have some screening programmes and not others
- And more...





BASS Autism Training

For mental health practitioners (MHPs)*

Date(s):

Thursday 13 July

Time(s):

09.30AM - 12.30PM

Format:

Virtually on Microsoft Teams

Speaker(s):

 Matt Trerise (Training & Liaison Lead, Bristol Autism Spectrum Service (BASS)) This FREE, virtual training will develop your knowledge of **autism spectrum conditions (ASCs)** and cover:

- Overview of ASC
- Cognitive and Sensory differences in Autism
- Initial assessment(s) within primary care to support appropriate referrals
- Referrals and Post-diagnostic support

* This training is aimed at **mental health practitioners (MHPs)**, but other roles are welcome to join the waiting list



Date(s):

Monday 24 July

Time(s):

10.00AM - 11.30AM

Format:

Virtually on Microsoft Teams

Speaker(s):

- Fay Lane (National Programme Manager (Apprenticeships), NHSE)
- And more...

This FREE webinar, organised by **NHS England** (NHSE), is open to * all apprenticeship leads, learning and development managers, and staff with responsibility for workforce, training, and upskilling.

It will provide an overview of '**Skills for Life**' -- that is, **Maths**, **English**, and **digital skills**, which are all crucial for staff, both for confidence and career progression.

This webinar will also explore **employer case studies**, **governance** around **embedding** the **Skills for Life** programme, and more.





Primary Care Risk Assessment Update



Aimed at mental health practitioners (MHPs)*

Date(s):

Thursday 7 September

Time(s):

1st session 09:00AM - 12:30PM 2nd session 13:00PM -16:30PM

Format:

Face-to-face at

The Vassall Centre (BS16 2QQ)

Speaker(s):

• **Dr. Sandra Walker** (Director, The Sanity Company)

This FREE, face-to-face, half-day session is an opportunity to explore the themes prevalent when **assessing risk** in **mental health**, and to reflect on:

- Different types of risk
- The impact of stigma on our risk assessments
- The importance of positive risk taking
- And who's responsible for what?

* This training is aimed at **mental health practitioners (MHPs)**, but other roles are welcome to join the waiting list





Level 3 Children's Safeguarding Training

For **primary care staff**

Date(s):

Friday 8 September

Time(s):

09.00AM - 12.00PM

Format:

Virtually on Microsoft Teams

Speaker(s):

• The **BNSSG ICB Safeguarding Team**

Children's safeguarding is an important part of many public services' work, and a key responsibility of local authorities. All GPs and nursing staff should be aware of their safeguarding roles and responsibilities, as defined by the General Medical Council (GMC) and Nursing and Midwifery Council (NMC).

This FREE training, provided by **BNSSG ICB's Safeguarding Team**, is **open** to all **primary care staff**and is squarely focused on **adult safeguarding** in the context of **primary care**.

To **register your interest**, please contact **bnssg.safeguardingadmin@nhs.net**.





South West Primary Care Academy "Introduction to Pharmacology"

For first contact practitioners (FCPs)

Date(s):

Autumn 2023

Time(s):

TBD

Format(s):

Virtually

Speaker(s):

 Matt Dixon (a Bristol-based ACP, with an interest in prescribing practice amongst paramedics and pharmacology) This FREE workshop will cover the basic concepts of **pharmacokinetics**, **pharmacodynamics**, **relevant law**, **prescribing resources**, and **practical tips**. By the end, you will have an understanding of:

- The basics of pharmacology
- The legalities of prescribing in primary care
- Knowing where to go to find information and guidance



Register Interest



Online Dermoscopy Education Autumn 2023

For primary care clinicians

Date(s):

Part 1 on Thurs 12 Oct
Part 2 on Thurs 9 Nov
Part 3 on Thurs 14 Dec

Time(s):

All three sessions will run from 01.30PM - 05.00PM

Format(s):

Virtually

Speaker(s):

 Dr. Chin Whybrew (GP with a passion for dermoscopy) Do you need to brush up on your **knowledge** and **management** of **skin lesions**? Does your practice have a **dermatoscope**, but you **haven't had** the **training to use** it?

This FREE, virtual training course will be delivered by **Dr. Chin Whybrew**. Sessions are open to all primary care clinicians who assess skin lesions in **Somerset**, **Wiltshire**, **Avon**, and **Gloucestershire** (SWAG).

For **more information**, please click **Register Interest** below.



Register Interest



"Practical Gastroenterology" CYP Educational Forum





34 people signed up

9 responded to the **feedback** form

Very useful - the whole thing

Helpful case-based discussions!

Practical tips around how to spot serious illness

Sources of information and patient info leaflets **helpful**

A good refresher on red flags

I was able to **ask** the **questions** I wonder about

Overall, how did respondents rate the content of this event?

- 4 described it as Excellent
- 4 described it as Good
- 1 described it as Fine



How did respondents rate the speaker(s) and delivery?

- 5 described it as Excellent
- 3 described it as Good
- 1 described it as Fine



"Very practical approach to everyday problems."

This FREE forum was an opportunity to **share knowledge** and **learning** between **BNSSG primary care** and the **Bristol Royal Hospital** for **Children**, to support **development** of **attendees' knowledge** and **skills**.

This session was delivered by:

• **Dr. Frances Hutchings** (Consultant Paediatrician with interest in High Dependency Care, Bristol Royal Hospital for Children)



Repeat Prescriptions Training Level 1



Feedback from this event | Delivered on Wednesday 17 May:

34 people signed up

6 responded to the **feedback** form

Helpful to learn the **difference** between **generic** and **branded** medication

Gained a good general understanding

As a new **prescription clerk**, I found it most **useful** in **all areas**

Have a **better understanding** regarding **different types** of **prescriptions**

Useful to see the **alignment** of **medication** and knowing that things can be **changed**

Overall, how did respondents rate the content of this event?

- 2 described it as Excellent
- 3 described it as Good
- 1 described it as Fine



How did respondents rate the speaker(s) and delivery?

- 3 described it as Excellent
- 2 described it as Good
- 1 described it as Fine



"An useful refresher information."

This FREE virtual training supported attendees in achieving a **Level 1** understanding of **generating repeat prescriptions**.

This session was delivered by:

Mandy Hodges (Pharmacy Technician, HealthWest PCN)



Repeat Prescription Training Level 2



Feedback from this event | Delivered on Wednesday 7 June:

35 people signed up14 responded to the feedback form

Learning about the different stoma products that are available will certainly help me understand those types of prescriptions now, i.e. what their purposes are

Info on stoma products and understanding a bit more about pharmacies' access to pre-dated prescriptions was helpful

I now have a **greater awareness** of **warning signs** that a patient is not **complying** with their **med regime**

Overall, how did respondents rate the content of this event?

- 4 described it as Excellent
- 8 described it as Good
- 2 described it as Fine



How did respondents rate the speaker(s) and delivery?

- 4 described it as Excellent
- 8 described it as Good
- 2 described it as Fine



"Interesting information on the specifics of stoma gear."

This FREE virtual training supported attendees in achieving a **Level 1** understanding of **generating repeat prescriptions**.

This session was delivered by:

Mandy Hodges (Pharmacy Technician, HealthWest PCN)