## BNSSG Training Hub Return to Work GP Refresher Course

Have you recently returned to work? Or are you planning to do so in the next few months?

Join us, this **Wednesday 16<sup>th</sup> June**, for our half-day **Return to Work GP Refresher Course**! It's been designed, with input from GPs like yourself - gathered as part of our **GP Short Career Break Project** - to boost your confidence and help you feel supported in transitioning back to work following a career break.

We have a fantastic **Career Coach**, **Frances Cushway**, and a wonderful **GP Appraiser**, **Will Wallage**, engaged to support you. Between them, they'll be covering:

- Time management, to help you ease back into work
- Useful clinical updates, to help bring you up to speed
- Where to find information and resources, to help you cut down on unnecessary tasks
- Networking with other GPs, to help you feel less isolated

All this will be on **Wednesday 16th June**, from **9.00** to **13.00**. The course is entirely free to attend and will be held virtually.

For more information and to register your interest, please contact <u>zach.barber@nhs.net</u> or <u>pamela.curtis1@nhs.net</u>.

## Learn more