



FREE Meds-Op Training

Bite-sized sessions

Returning this spring, these **Medicines Optimisation Training** sessions are brought to you by **BNSSG CCG's Medicines Optimisation Team** and **BNSSG Training Hub** sessions.

Held virtually on Microsoft Teams and entirely FREE to attend, this training is available to **all health and care clinicians** working in Bristol, North Somerset, and South Gloucestershire.



Upcoming Sessions:

HRT & Menopause

Thursday 26 May | 12.30PM - 2.00PM

Frailty with a focus on Polypharmacy

Wednesday 8 June | 12.30 - 14.00



HRT & Menopause

Thursday 26th May | 12.30 - 14.00

Delivered by:

Dr. Shaba Nabi

(GP Clinical Lead Prescribing, BNSSG CCG)



This session will highlight best practice around medicines optimisation in relation to hormone replacement therapy (HRT) and menopause.

[Read More](#)

Past Sessions:

Pain Management Overview | 13.10.21

Approach to Long-Term Conditions Review & Deprescribing | 20.10.21

How to Facilitate Behaviour Change | 03.11.21

Deprescribing Dependence-Forming Medicines | 23.11.21

Approach to Initiation Medicines | 16.12.21

Overview of Parkinson's Disease | 25.01.22

Prescribing in Renal Impairment | 26.04.22

Clinical Management of Frailty | 03.05.22

To watch the recordings of past sessions, please visit **BNSSG Training Hub's Video Library** by [clicking here](#).