



BNSSG Training Hub

03 June 2020
Newsletter

LGBT Foundation Pride in Practice Training Academy

LGBT groups are routinely affected by health inequalities and day-to-day discrimination, with a 2017 report from **Stonewall** revealing that **1-in-5** LGBT people have experienced a **hate crime** as a consequence of being LGBT within the past 12 months ([read more](#)).

Last month, **LGBT Foundation** launched their **Pride in Practice Training Academy** to not only celebrate **IDA-HOBIT** (International Day Against Homophobia, Biphobia, and Transphobia), but also to champion the cause of equality, to **encourage** the **inclusion** of **LGBT people** at home, in the workplace, and in the wider community. Accessible by anyone and everyone, this **training** and **accreditation** service provides modules on:

- **LGBT 101**: Terminology, legislation, and inequalities
- **Trans** and **Non-binary inclusion**
- Being an **LGBT ally** at home, at work, and in the community
- LGBT **health inequalities**, access, and **signposting**
- Understanding **discrimination**, **hate crime**, and **minority stress**
- Making LGBT people count: Monitoring **sexual orientation**, **gender identity**, and **trans status**



For more
[Click here](#)

Claudette Colvin

In response to current events, we would like to share the following:

On [March 2, 1955](#), **Claudette Colvin** - a fifteen-year-old black girl - was arrested for refusing to move to the back of a bus in Montgomery, Alabama.

Claudette had been studying black leaders, such as **Harriet Tubman** (who, in the 1800s, liberated around 70 enslaved people using the [Underground Railroad](#)), in her segregated school. This work prompted her to question the extant [Jim Crow laws](#), which enforced racial segregation.

Upon being told to move, **Claudette** insisted she could not: "**Sojourner Truth** [another black abolitionist] was on one side pushing me down, and **Harriet Tubman** was on the other side of me pushing me down. **I couldn't get up.**"

Stand with us **against racism**, for **equality**.



An update on this education pathway

The **Centre for Pharmacy Postgraduate Education (CPPE)** have provided an update on the [education pathway](#) for [pharmacists](#) employed as part of the [NHS England Primary Care Network \(PCN\) Contract Directed Enhanced Service \(DES\)](#) additional roles.

At the request of **Health Education England, CPPE** has reviewed its extended education pathway for pharmacists working in primary care to align with the [NHS Long-Term Plan](#) and the PCN Contract DES.

The update can be found [here](#).



Advice for registered managers in adult social care

Skills for Care can help you in aligning your service with the latest [COVID-19 guidance](#), by:

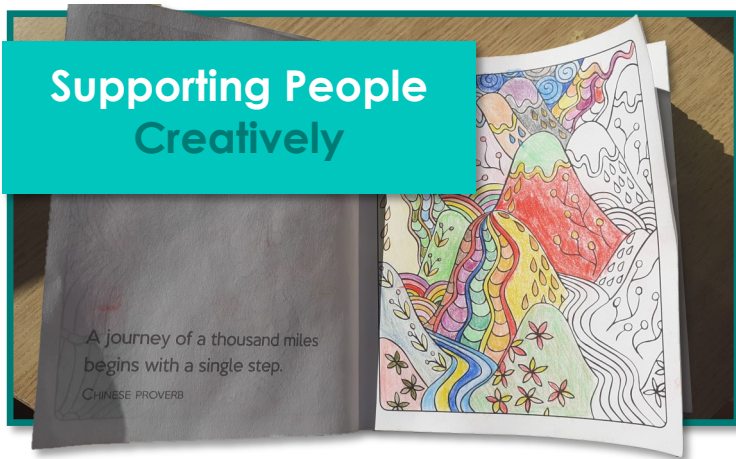
- Advising you about their own resources, funding, online learning, and other opportunities to [recruit](#), [develop](#), and [lead](#) staff.
- Connecting you with other services to [share ideas](#) and [resources](#), to learn how others address challenges.
- Linking you up with [local experts](#), to provide [additional support](#) and [advice](#) to your service.

For more, [click here](#).

Resources for supporting children and young people

MindEd for Families have collated resources on how to provide support to [children](#) and [young people's mental health](#). There are materials for professionals and volunteers (from beginners through to specialists), and parents and carers, on an array of topics.

For more, [click here](#).



Cintre and its service users are meeting their needs in a creative fashion

Cintre are a registered non-profit organisation who provide regulated support services to [adults](#) with a variety of [challenging conditions](#) and [behaviours](#), and we're thrilled to highlight two examples of how its [key workers](#) and [service users](#) successfully [adapted](#) to social distancing measures

One service user devised a clever way to make remote support sessions suit them, as the transition to

video and phone calls exclusively was difficult for them, as it often has too great an emphasis on speaking — a source of [anxiety](#) for the service user in question. Their regular sessions revolved around completing an activity, so the decision was made for them and their key worker to do something together, from afar: [colouring](#) (one of their pieces is pictured above). With colouring pencils in hand, the service user and their key worker were able to communicate effectively, able to choose between focusing wholly on colouring or doing it in the background whilst talking about other things.

In the other example, key worker [Amy](#) carried out “[virtual walks](#)” with a service user during support sessions; it was a struggle for the service user to go outside alone due to their general anxiety and virus-specific anxieties, but being able to video call Amy whilst walking has [encouraged](#) them to [explore](#) their local area more and more. They've even begun to go on virtual walks with friends and family members, too, enabling them to take walks more frequently.

Fantastic work, everyone!

For more about Cintre, [click here](#).