CARE Programme

BNSSG CCG has successfully secured NHSE funding for 8 GPNs to participate in the CARE Programme.

What is the CARE Programme?

The CARE programme is a digital resilience and leadership development support package for General Practice Nurses (GPNs) and other Primary Care Staff. The CARE programme is endorsed by NHSE/I both regionally and nationally. The CARE programme is now being rolled out across the South West region. Devon is leading on the full programme with BNSSG, Gloucestershire, Dorset and Cornwall working collaboratively, in a national first, on a shared CARE programme.

Background to the CARE Programme:

A nationally backed system pilot of the CARE programme was undertaken by Bedfordshire, Luton and Milton Keynes (BLMK) ICS. The evaluation was very [positive](https://napc.co.uk/care-leads-to-system-wide-improvement-in-blmk/?fbclid=IwAR3iafoAlnW_B-HXEKmcBVfM35ia6c2r601yyP6sMSdHqQA07MK55N7idfE).

For further information please view below the recorded message from Primary Care Nurse Lead Karen Storey <https://youtu.be/qr2q5mdfv74> (**NB** this recording was aimed at supporting the programme for Devon but is equally applicable to BNSSG GPNs and the roll out planned for BNSSG). There are also some evaluation clips from programme participant’s [short video](https://www.youtube.com/watch?v=7gSzmZG5NRA&feature=youtu.be). (Each of the videos is approximately 3 minutes long).

Why is it important for BNSSG GPNs to take part in the CARE programme?

We recognise our practice nurses as our experts in population health and that we need to be supporting them to become leaders in developing best practice across primary care.

As GPN leads in BNSSG CCG we are working in partnership with NHS England the BNSSG training hub and ALMC to ensure Practice Nurses have a voice in Primary Care and the wider system. In addition, as the GPN 10PP comes to an end, we have reviewed the work achieved so far and taken the learning from this to ensure it is fully embedded and sustainable.

All 19 Primary Care Networks (PCNs) in BNSSG should have a GPN lead but currently we know there are gaps. We would like to see all 19 PCNs with GPN leads in place and fully supported with clinical supervision and being part of primary care and multiagency lead networks. We also want to encourage practice nurses to be leads in their PCN on health projects and on topics they have interest or completed training in.

As Primary Care Networks (PCNs) and the ICS continue to develop, it is crucial that GP Nursing is represented and linked in with the future plans. The GPN leads and the training hub have devised a GPN leadership training and support package. The CARE project is integral to this GPN leadership development package and also aligns to recruitment and retention work being undertaken in BNSSG as part of the GPN 10PP.

How will the CARE programme work?

* The CARE programme is a series of 10 two hour virtual masterclasses launching on Feb 19th 2021.
* 8 GPNs will receive funded places and support from the CARE programme leads.
* There is a co-design meeting before the master classes to ensure the course aligns to system needs.
* Each delegate will be assisted in reviewing population health data for their area and to develop a relevant population health project. This aligns with the NHSCONFED document [An introduction to population health management](https://www.nhsconfed.org/-/media/Confederation/Files/Publications/Documents/Primer_An_introduction-to-population-health-management.pdf).
* On completion there is an evaluation meeting which is also the start of sharing the learning from the population health projects.
* NHSE will be funding 2000 licenses for the ***ShinyMinds*** app across the SW for GPNS and Primary Care staff.  The app is specifically aimed at building sustainable workforce resilience through connected care communities of practice and contains many masterclasses that link with the resilience part of the programme; these will be open to all staff using the app.

Invitation to engagement and briefing events:

For the CARE programme offer to succeed we recognise that it needs support from the whole primary care system.  We are planning briefing and engagement events in the next month for our PCN Clinical Directors and primary care colleagues.

If you are interested in putting forward Practice Nurses from your area to apply to participate in the CARE programme and would like a briefing event or further discussion within your PCN please contact Liz Mallett BNSSG CCG GPN Lead via email Elizabeth.mallett1@nhs.net .

A planned launch of the programme with a co design event will take place on the **19th Feb 2021** with final detail to follow.

Applications for CARE programme:

**We need applications received by 31st January 2021 Please see separate attachment and application form**

Further information and links:

<https://napc.co.uk/care-leads-to-system-wide-improvement-in-blmk/?fbclid=IwAR3iafoAlnW_B-HXEKmcBVfM35ia6c2r601yyP6sMSdHqQA07MK55N7idfE> Summary and evaluation information.

Appended is a 2 page article on the CARE programme that has been published in the BJGPN recently giving further information, explanation and evaluation of the programme.

<https://www.nhsconfed.org/-/media/Confederation/Files/Publications/Documents/Primer_An_introduction-to-population-health-management.pdf>